

# Obstetric Pearls for the Non-Obstetrician: Common Medical Conditions and Maternal Warnings in Pregnancy

12/01/2025 at 12/01/2028

Enduring Material

## **Purpose:**

The Avera Research Institute Maternal Health Research Center of Excellence (MARCH) provides a platform for researchers, tribal nations, rural communities, and key stakeholders to engage in bidirectional communication on maternal health, in particular drivers of mortality and severe morbidity. This recording is the 2nd session in a series of 3 sessions that will discuss common medical conditions and maternal warnings in pregnancy in particularly headache, anemia, and vaginal complaints.

## **Objectives:**

- 1 Define pregnancy "safe" medications for common maternal health conditions.
- 2 Identify maternal warning signs in pregnancy.
- 3 Understand non-obstetric clinic role in care of the pregnant and post partum patient.

## **Target Audience:**

Physician, Nurse – RN

## **For successful completion:**

- Watch video
- Complete post-test
- Complete evaluation

## **Accreditation & Credit Designation:**

### **Accreditation**



JOINTLY ACCREDITED PROVIDER™  
INTERPROFESSIONAL CONTINUING EDUCATION

In support of improving patient care, Avera is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

### **Continuing Education Credit Designation(s)**



IPCE CREDIT™

**IPCE (Team-based):** This activity was planned by and for the healthcare team, and learners will receive 1.00 IPCE credit(s) for learning and change.

**Medicine CME:** Avera designates this live activity for a maximum of 1.00 *AMA PRA Category 1 Credit(s)*™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the learner to earn credit toward the CME of the American Board of Surgery's Continuous Certification program. It is the CME activity provider's responsibility to submit learner completion information to ACCME for the purpose of granting ABS credit.

**Nurse CE:** Avera designates this activity for a maximum of 1.00 ANCC contact hour(s). Nurses should claim only the credit commensurate with the extent of their participation in the activity.

REMINDER

Attendance can be texted up to 24 hours after the activity





**Social Work:** As a Jointly Accredited Organization, Avera is approved to offer social work continuing education by the Association of Social Work Boards (ASWB) Approved Continuing Education (ACE) program. Organizations, not individual courses, are approved under this program. Regulatory boards are the final authority on courses accepted for continuing education credit. Social workers completing this course receive 1.00 Clinical continuing education credit(s).

**Counselors, Marriage and Family Therapy (SD Board of Examiners):** Avera is a recognized provider of continuing education, for all counseling related content, for the South Dakota Board of Examiners for Counselors and Marriage and Family Therapists. Social Workers will receive 1.00 continuing education clock hour(s) for participating in this course.

### **Additional Information:**

Feedback person for this educational activity is:

Enduring Material available from 12/01/2025 to 12/01/2028

- This course content was reviewed on 11/19/2025

### **Disclosure Policy:**

Due to the regulations required for CE credits, all conflicts of interest that persons in a position to control or influence the education must be fully disclosed to participants. In observance of this requirement, we are providing the following disclosure information: all relevant financial relationships disclosed below have been mitigated.

| Name of individual                | Individual's role in activity     | Nature of Relationship(s) /<br>Name of Ineligible Company(s) |
|-----------------------------------|-----------------------------------|--------------------------------------------------------------|
| Kimberlee McKay, MD               | Faculty                           | Nothing to disclose                                          |
| Jyoti Angal, Ph D, Researcher     | Content Expert - Committee Member | Nothing to disclose                                          |
| Amy Speck, BS                     | Committee Planning Member         | Nothing to disclose                                          |
| Lacey McCormack, Ph D, Researcher | Committee Planning Member         | Nothing to disclose                                          |
| Catherine Luvaas, MEd, Researcher | Lead Planner                      | Nothing to disclose                                          |

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